

## ORIGINAL ARTICLE

# The role of C-type natriuretic peptide in rat testes during spermatogenesis

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C-type natriuretic peptide (*CNP*) is a 22-amino acid peptide and act as a local paracrine or autocrine regulator. There is growing evidence that *CNP* is involved in male reproductive processes. To investigate the role of *CNP* during spermatogenesis, we measured the mRNA expression of *CNP* and its specific membrane-bound natriuretic peptide receptor-B (*NPR-B*) using real-time RT-PCR in the testes of normal rats on different postnatal days. After that spermatogenesis dysfunction model induced by ornidazole was established with the aim to study the correlation of *CNP* with spermatogenic dysfunction. Then, Sertoli cells from 18- to 22-day-old healthy male rats were cultured in the presence of different *CNP* concentrations ( $1 \times 10^{-6}$ ,  $1 \times 10^{-7}$  and  $1 \times 10^{-8}$  mol l<sup>-1</sup>), and the mRNA expression levels of androgen-binding protein, inhibin B and transferrin were examined at 0 min, 30 min, 1 h, 2 h, 4 h, 8 h, 12 h, 24 h and 48 h. During the postnatal development of rat testes, the highest mRNA expression levels of *CNP* and *NPR-B* were found at postnatal D<sub>0</sub>, and the levels then declined gradually, with a second *CNP* peak at postnatal D<sub>35</sub>. In the ornidazole-induced infertile rat testes, *CNP* gene expression was lower than in the uninduced rats ( $P < 0.05$ ), while *NPR-B* gene expression was greater ( $P < 0.05$ ). In cultured Sertoli cells, supplementation with *CNP* stimulated the gene expression of androgen-binding protein/inhibin B/transferrin, particularly at 12 h, and  $1 \times 10^{-7}$  mol l<sup>-1</sup> *CNP* had the highest upregulation effect. The gene expression levels of *CNP/NPR-B* in rat testes at different postnatal stages and in infertile rat testes indicated that *CNP* may participate in the physiology and/or pathology related to spermatogenesis. Moreover, *CNP* regulated endocrine function in Sertoli cells. Taken together, these results showed that *CNP* is closely tied to spermatogenesis.

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**Keywords:** C-type natriuretic peptide; natriuretic peptide receptor-B; Sertoli cell culture; spermatogenesis

## INTRODUCTION

Natriuretic peptides belong to a family of small proteins that play a major role in the modulation of natriuresis, diuresis and vasodilatation. The natriuretic peptide family in mammals consists of three structurally related peptides: atrial natriuretic peptide (*ANP*), brain natriuretic peptide (*BNP*) and C-type natriuretic peptide (*CNP*). All three members contain the conserved sequence CFGXXXDRXXXXGLGC, where X is any amino acid. The flanking cysteines form a 17-amino-acid disulphide-linked ring that is required for biological activity.<sup>1</sup> Both *ANP* and *BNP* bind to natriuretic peptide receptor A (*NPR-A*) and are expressed in the heart and other organs. In contrast to *ANP* and *BNP*, which are mainly cardiovascular hormones, *CNP* is mainly produced by extracardiac tissues to act as a local paracrine or autocrine regulator.<sup>2</sup> Its biological effects are mediated by intracellular cyclic GMP (cGMP) accumulation *via* specific membrane-bound natriuretic peptide receptor B (*NPR-B*) activation.<sup>3</sup>

There is growing evidence that *CNP* is involved in various reproductive processes.<sup>4</sup> *CNP*<sup>-/-</sup> mice display dwarfism, and *NPR-B*<sup>-/-</sup> mice display dwarfism, female sterility and decreased adiposity.<sup>5,6</sup> In rats, uterine *CNP* levels are modulated by the oestrous cycle, with the highest expression during pro-oestrus.<sup>7</sup> For instance, an intra-peritoneal infusion of oestradiol increased uterine *CNP* in a dose-dependent fashion in ovariectomized mice.<sup>8</sup> *CNP* concentrations

in seminal plasma and seminal vesicle fluid were, respectively, 2000– and 100 000-fold greater than those found in the porcine brain. Seminal plasma (porcine) elevates cGMP in Balb/3T3 (235-fold), NIH/3T3 and Rat-2 cells, and may function during fertilisation.<sup>9</sup> Nielsen *et al.*<sup>10</sup> examined the tissue-specific expression of *proCNP* and *CNP* in extracts from 32 different porcine tissues, and the highest peptide concentrations were found in extracts from male reproductive tissues (such as the epididymis, seminal vesicles and prostate); *CNP* mRNA in the seminal vesicles and epididymis was 125-fold higher than in the other tissues examined.

Therefore, we hypothesize that *CNP* may play a key role in spermatogenesis. To further investigate the effect of *CNP* on spermatogenesis, the gene expression of *CNP* and *NPR-B* was examined by real-time quantitative RT-PCR in rat testes at different postnatal stages and in the testes of ornidazole-induced infertile rats; finally, *CNP* was added to Sertoli cell cultures, and its effects were observed on the endocrine function of Sertoli cells.

## MATERIALS AND METHODS

### Materials

The male Sprague–Dawley rats came from the Laboratory Animal Centre of Tongji Medical College (Wuhan, China). They were

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maintained under standard conditions (12 h light/12 h dark cycle; 35–60% relative humidity). Rat feed and tap water were available *ad libitum*.

## Methods

**Real-time RT-PCR.** Total RNA was extracted from testes of rats at different postnatal ages (D<sub>0</sub>, D<sub>5</sub>, D<sub>10</sub>, D<sub>15</sub>, D<sub>21</sub>, D<sub>28</sub>, D<sub>35</sub>, D<sub>42</sub> and D<sub>56</sub>). The day of birth was designated as postnatal D<sub>0</sub>. Two to four rats were sampled per stage. The experiment was repeated three times to estimate expression stability. Total RNA was extracted using Trizol reagent (Invitrogen, Breda, The Netherlands) according to the manufacturer's protocol. Briefly, approximately 50 mg of testes tissue was pipetted into 1 ml Trizol reagent. Total RNA was reverse transcribed into first-strand cDNA using a First Strand cDNA Synthesis Kit (Toyobo, Tokyo, Japan). Each RT reaction mixture contained 3 µg of total RNA, 1× RT buffer, 0.5 mmol L<sup>-1</sup> of each dNTP, 1 µg of oligo d(T)<sub>20</sub>, 400 IU Moloney murine leukaemia virus reverse transcriptase, 40 IU RNasin and H<sub>2</sub>O to a final volume of 40 µl. The reaction mixture was incubated at 42 °C for 20 min and then at 99 °C for 5 min. Real-time RT-PCR was performed as previously described.<sup>11</sup> The primer pairs used in RT-PCR are listed in Table 1. The amplified products were recovered from gels using a gel extraction kit. They were then used as templates for amplification of 10<sup>3</sup>–10<sup>8</sup> copies to create a standard curve.

**Establishment of ornidazole-induced infertility in rats.** Twenty adult male rats weighting 200–220 g were randomly divided into two groups. One group was treated with ornidazole (200 mg kg<sup>-1</sup> d<sup>-1</sup>) dissolved in 0.5% carboxymethylcellulose solution, and the other group was only treated with 0.5% carboxymethylcellulose solution as control. All of the rats were treated by gastric gavage for 20 consecutive days. Treated rats were killed by cervical dislocation, and their testes were removed and decapsulated. Real-time RT-PCR was performed as described above.

**Sertoli cell culture and treatment of Sertoli cells with CNP peptide.** To assess the effect of CNP on Sertoli cells, CNP peptide (N8768; Sigma-Aldrich, St Louis, MO, USA) was added to Sertoli cell cultures. Rat Sertoli cells were isolated and cultured as previously described.<sup>12</sup> Some Sertoli cell cultures were treated with different concentrations of CNP (10<sup>-6</sup>, 10<sup>-7</sup> and 10<sup>-8</sup> mol l<sup>-1</sup>), which were regarded as the experimental groups, and an untreated culture served as the control group. Each experiment was repeated three times. The cultured cells were cultured for 72 h before the CNP was added. Treated culture cells were harvested after 0 min, 30 min, 1 h, 2 h, 4 h, 8 h, 12 h, 24 h and 48 h. The mRNA levels of *androgen-binding protein* (ABP), *inhibin B* (INHB) and *transferrin* (TRF) in each sample were determined by real-time RT-PCR.

**Statistical analysis.** The expression level of target genes was determined by dividing the target gene expression level by  $\beta$ -actin expression level. The data were presented as mean  $\pm$  SD. Gene expression of

CNP and NPR-B in rat testes at different postnatal stages and in the testes of ornidazole-induced infertile rats was evaluated by one-way ANOVA; gene expression of ABP, INHB and TRF following stimulation by CNP was analysed using general linear models—repeated measures ANOVA. Statistical analyses were performed using SPSS software version 11.5 (SPSS Inc., Chicago, IL, USA). Statistical significance was assumed at  $P < 0.05$ .

## RESULTS

### Specific amplification and standard curve

Melting curve analysis demonstrated that each of the PCR products amplified a single predominant product with a distinct melting temperature, as shown in Figure 1a. The predicted length of each product was confirmed by agarose gel electrophoresis, as shown in Figure 1b.

The standard curves of CNP, NPR-B and  $\beta$ -actin exhibited a linear relationship from 10<sup>3</sup> to 10<sup>8</sup> copies, with a correlation coefficient >0.99, as shown in Figure 1c and d.

### Gene expression of CNP and NPR-B in postnatal rat testes

The gene expression of CNP peaked at D<sub>0</sub> and then declined gradually, reaching its lowest level on postnatal D<sub>21</sub>. Subsequently, its expression increased again at postnatal D<sub>28</sub>, reaching a second minor peak at postnatal D<sub>35</sub>, and declined until D<sub>42</sub> (Figure 2a). The gene expression of NPR-B also peaked at the time point just after birth (D<sub>0</sub>) and then declined, reaching its lowest level at postnatal D<sub>42</sub> (Figure 2b), which was similar to the expression pattern of CNP, except on postnatal D<sub>35</sub>.

Our analysis revealed that the correlation coefficient between CNP and NPR-B was 0.807, which showed that the gene expression of CNP and NPR-B during postnatal stages had a strong positive relationship.

### Gene expression of CNP and NPR-B in rat testes subjected to ornidazole-induced infertility

The mRNA level of CNP in the testes of ornidazole-induced infertile rats was lower than that in the testes of uninduced rats ( $P = 0.0401$ ). However, the mRNA level of NPR-B was higher than that in the uninduced rat testes ( $P = 0.0067$ ), as shown in Table 2.

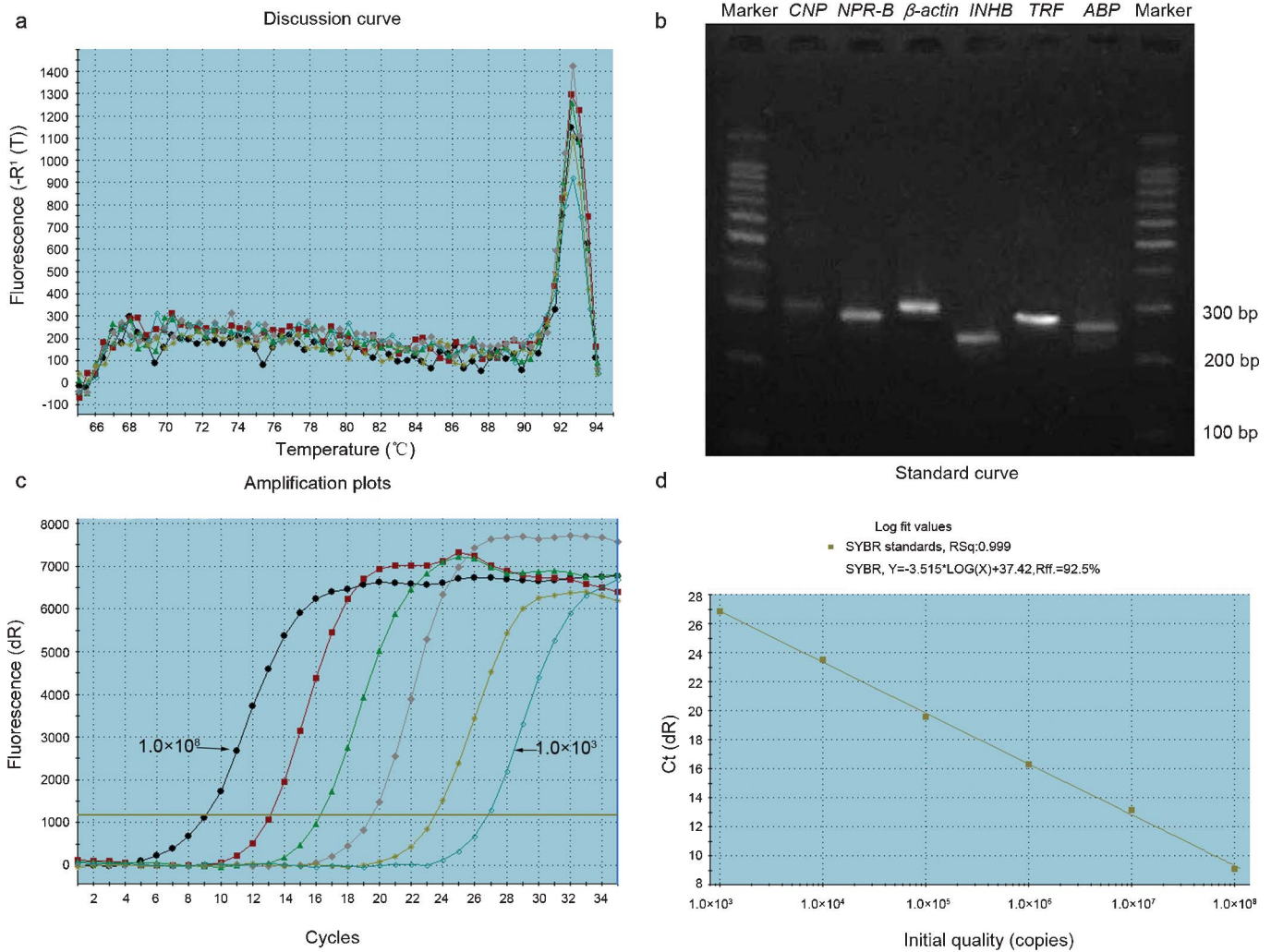
### CNP can stimulate the gene expression of ABP, INHB and TRF in cultured Sertoli cells

The gene expression levels of ABP, INHB and TRF were investigated by real-time RT-PCR quantification in cultured Sertoli cells after treatment with CNP. The amount of ABP mRNA significantly higher ( $P < 0.05$ ) than the control at the 8 h time point after 10<sup>-8</sup> mol l<sup>-1</sup> CNP was added ( $P < 0.05$ , compared with the control group) and was significantly higher than the control ( $P < 0.05$ ) at 8 h, 12 h and 24 h after 10<sup>-7</sup> mol l<sup>-1</sup> CNP was added; when 10<sup>-6</sup> mol l<sup>-1</sup> CNP was present in the culture medium, the level of ABP mRNA was higher than the control ( $P < 0.05$ ) at 30 min, 1 h, 2 h, 4 h, 8 h and 12 h. Among all treatments, the ABP mRNA expression was most robust at the 12-h time point following 10<sup>-7</sup> mol l<sup>-1</sup> CNP treatment (Figure 3a). The

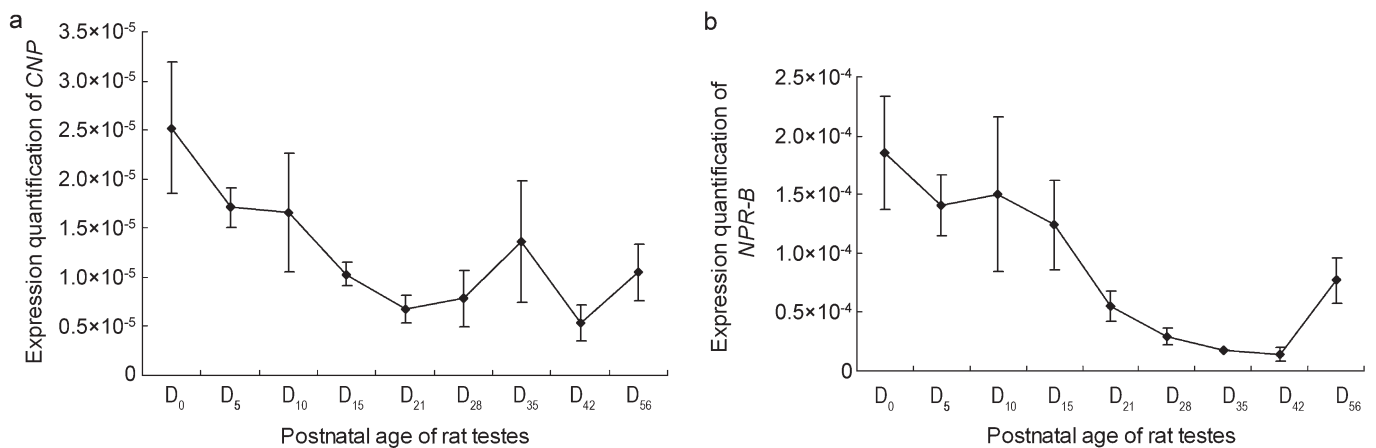
**Table 1** Real-time RT-PCR primers

Gene	Forward primer	Reverse primer	Length (bp)
$\beta$ -actin	5' TCC TCC CTG GAG AAG AGC TA 3'	5' TCA GGA GGA GCA ATG ATC TTG 3'	302
rCNP	5' CTG CTC GCG CTA CTC TCA CT 3'	5' AAA GCA GCC TTT GGA CAA GC 3'	300
rNPR	5' ACG ACC AGC TAA GGT TAC GCA 3'	5' CAG GAG GTC CTT TTC GCT CTC 3'	282
rABP	5' TCC GAT ACC ACC AAG CAC AAG 3'	5' TCA GGA AAG CTG GGA ACT CTG 3'	260
rINHB	5' CCA CTG GCT ACT ACG GGA ACT 3'	5' CAC TCC TCC ACG ATC ATG TTG 3'	241
rTRF	5' CCA AGC TCC AAA CCA TGT TGT 3'	5' GCA GGC TTC TAG GAG TCG TGA 3'	283

Abbreviations: ABP, androgen-binding protein; CNP, C-type natriuretic peptide; INHB, inhibin B; NPR, natriuretic peptide receptor; TRF, transferrin.



**Figure 1** Specific amplification by real-time RT-PCR. (a) A melting curve analysis of a *CNP* amplification reaction showed a sharp, high peak of the melting temperature (92.8 °C), indicating the presence of a specific product that melts at this temperature; the differentially colored curve corresponds to the same colored curve in (c). (b) Agarose gel electrophoresis analysis demonstrates that this peak corresponds to a single band. (c) A plot of fluorescence from  $10^3$  to  $10^8$  copies of *CNP*. (d) A linear standard curve from  $10^3$  to  $10^8$  copies of *CNP*. ABP, androgen-binding protein; *CNP*, C-type natriuretic peptide; INHB, inhibin B; NPR B, natriuretic peptide receptor-B; TRF, transferrin.



**Figure 2** Gene expression of *CNP/NPR-B* in the testes of rats at postnatal stages. The results are expressed as mean  $\pm$  s.e.m. from three different experiments. (a) Gene expression of *CNP* in the testes of rats at postnatal stages. (b) Gene expression of *NPR-B* in the testes of rats at postnatal stages. *CNP*, C-type natriuretic peptide; *NPR-B*, natriuretic peptide receptor B.

**Table 2** Gene expression of *CNP* and *NPR-B* in the untreated group and ornidazole group ( $\bar{x} \pm s.d.$ , one-way ANOVA)

	<i>CNP</i> / $\beta$ -actin ( $\times 10^{-6}$ )	<i>NPR-B</i> / $\beta$ -actin ( $\times 10^{-5}$ )
Untreated group ( $n=10$ )	6.29 $\pm$ 4.90	1.87 $\pm$ 1.07
Ornidazole group ( $n=10$ )	2.75 $\pm$ 1.19	3.16 $\pm$ 1.06
<i>P</i> value	0.0401	0.0067

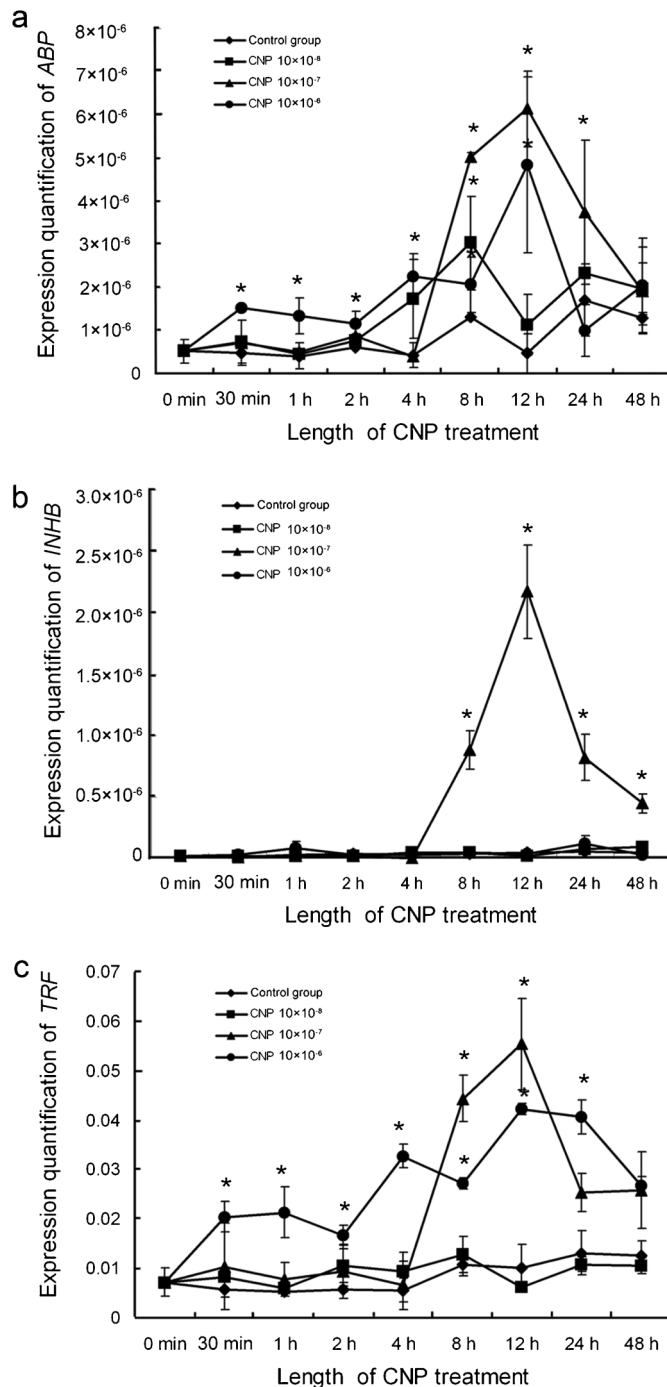
Abbreviations: CNP, C-type natriuretic peptide; NPR-B, natriuretic peptide receptor B.

amount of *INHB* mRNAs was higher than the control ( $P < 0.05$ ) at 8, 12, 24 and 48 h when  $10^{-7}$  mol  $l^{-1}$  *CNP* was added and peaked at 12 h; there were no differences when either  $10^{-8}$  or  $10^{-6}$  mol  $l^{-1}$  *CNP* was added to the cell cultures ( $P > 0.05$ , compared with the control group; Figure 3b). The level of *TRF* mRNA was higher than the control ( $P < 0.05$ ) at 8 and 12 h when  $10^{-7}$  mol  $l^{-1}$  *CNP* was added and peaked at 12 h; when  $10^{-6}$  mol  $l^{-1}$  *CNP* was added, the level of *TRF* mRNA was higher than the control ( $P < 0.05$ ) at 30 min, 1 h, 2 h, 4 h, 8 h, 12 h and 24 h ( $P < 0.05$ , compared with the control group; Figure 3c). In summary, the gene expression levels of *ABP*, *INHB* and *TRF* in the *CNP*-treated Sertoli cells increased ( $P < 0.05$ , compared with control group) and peaked after 12 h of treatment. Among the different concentrations examined,  $10^{-7}$  mol  $l^{-1}$  *CNP* had the strongest effect on the expression of these three genes. These results imply that *CNP* could stimulate the endocrine function of cultured Sertoli cells.

## DISCUSSION

Spermatogenesis is a complex differentiation process that creates functional sperm from an initially undifferentiated germ cell. The complete spermatogenesis cycle for rats requires 52–54 days. The process from birth to the first batch of mature spermatids released from the testes is called the first wave of spermatogenesis. In rats, there are only male germ cells (gonocytes) and Sertoli cells in the seminiferous tubules at postnatal  $D_1$ . The first 3–5 days of postnatal life, when the gonocytes gradually proliferate and move towards the seminiferous tubule basal lamina, are crucial for the successful initiation of spermatogenesis.<sup>13</sup> The first wave of meiotic and postmeiotic germ cell development in rats occurs after postnatal  $D_{15}$ .<sup>14</sup> Round, postmeiotic spermatid appear at postnatal  $D_{28}$  and transform into elongated spermatids at postnatal  $D_{40}$ .<sup>15</sup> With the release of the first mature spermatids from the testes around postnatal  $D_{44}$ , the first wave of spermatogenesis is completed. *CNP* was originally isolated as a 22-amino acid peptide from the porcine brain<sup>16</sup> and was later found in the testes. In this study, we showed that *CNP* and *NPR-B* exhibited similar gene expression patterns, except for postnatal  $D_{35}$ , in the first wave of spermatogenesis. The *CNP* and *NPR-B* gene expression levels peaked at  $D_0$ , which indicated that *CNP* and *NPR-B* have an intimate relationship with the onset of spermatogenesis. Among all of the different spermatogenic cells, the *CNP* mRNA level was greatest in the round sperm cells.<sup>17</sup> In this study, the gene expression of *CNP* reached a second peak at postnatal  $D_{35}$ , when the round sperm cells were abundant. The *CNP* mRNA level in mouse testes after birth exhibited a similar pattern to that in rat testes and was also found to increase at  $D_{20}$  when round sperm cells were abundant.<sup>17</sup> These results suggest that *CNP* may be involved in spermiogenesis.

Mammalian spermatogenesis is a highly organized event under the tight control of both endocrine and paracrine factors. If this event is not properly organized, it will result in spermatogenic dysfunction. Spermatogenesis dysfunction models have been established with the aim to study the functions of those factors involved in spermatogenesis. Ornidazole is a nitroimidazole derivative after arilin and tinida-



**Figure 3** Gene expression of *ABP*, *INHB* and *TRF* in cultured Sertoli cells treated with *CNP*. (a) *ABP* gene expression in cultured Sertoli cells treated with *CNP*. (b) *INHB* gene expression in cultured Sertoli cells treated with *CNP*. (c) *TRF* gene expression in cultured Sertoli cells treated with *CNP*. The results are expressed as mean  $\pm$  s.e.m. from three different experiments. \* $P < 0.05$ , compared with the control. *ABP*, androgen-binding protein; *CNP*, C-type natriuretic peptide; *INHB*, inhibin B; *TRF*, transferrin.

zole. The antimicrobial activity of ornidazole is due to the reduction of a nitro group to a more reactive amine; this amine attacks microbial DNA, bringing about a loss of the helical structure of DNA, inducing DNA breakage, inhibiting further synthesis and ultimately causing the degradation of existing DNA. Ornidazole exerts a rapid and reversible



antifertility effect in male rats.<sup>18</sup> Ornidazole can reduce sperm motility, attenuate the function of spermatogenesis in testes and decrease sperm counts. However, it has no significant effect on the morphology of testes.<sup>19</sup> One potential mechanism of ornidazole action in infertility models in rats is that spermatogenic cells may be damaged by the increased inhibition of malondialdehyde, while sperm motility may be decreased by inhibiting an energetic transferase or non-protein substance in the epididymis.<sup>19</sup> In this study, *CNP* gene expression in ornidazole-treated rat testes was lower than in the untreated group, but the gene expression of *NPR-B* was higher than that in the untreated group. This result showed that the variation of *CNP/NPR-B* mRNA occurred earlier than the morphological differentiation of the seminiferous tubules and was accompanied by a decline of sperm motility in the ornidazole-induced infertile rat model. Therefore, one of the mechanisms through which ornidazole acts in the induction of infertility may be the up-/downregulation of *CNP/NPR-B*.

Spermatogenesis is controlled by gonadotrophins and testosterone. In males, luteinizing hormone acts on Leydig cells in the testes to produce testosterone, whereas follicle-stimulating hormone acts on the Sertoli cells to maintain their nursemaid function in spermatogenesis. A previous report showed that all three peptides could stimulate testosterone production *in vivo*, with significant effects at concentrations  $\geq 1 \times 10^{-8}$  mol l<sup>-1</sup> of ANP,  $\geq 1 \times 10^{-9}$  mol l<sup>-1</sup> of BNP and  $\geq 1 \times 10^{-6}$  mol l<sup>-1</sup> of CNP.<sup>20</sup> Pereira *et al.*<sup>21</sup> found that ANP stimulated testosterone production in rat testis perfused *in vitro* but decreased luteinizing hormone-induced testosterone production, which seemed to involve the C receptor. As a local paracrine or autocrine regulator, *CNP* may be produced by most of the major endocrine glands, including the hypothalamus and the anterior pituitary. Immunocytochemical analysis demonstrated *CNP* immunoreactivity localized to gonadotrophin cells.<sup>22</sup> Gonadotrophin-releasing hormone neuronal cell lines also express both *CNP* and *NPR-B*.<sup>23</sup> These data suggest a paracrine role for *CNP* in the regulation of gonadotrophin-releasing hormone-secreting hypothalamic neurons and gonadotrophin-releasing hormone-responsive pituitary cells and raise the possibility that *CNP* may influence the neuroendocrine control of reproduction.<sup>24</sup> Importantly, *CNP* is also a peptide with a distinct role in male reproductive processes because both endocrine functions of the testes and penile erection are regulated by the *CNP/NPR-B* axis.<sup>25</sup> Xia *et al.*<sup>26</sup> reported that adding the synthetic *CNP-22* peptide to Sertoli cell cultures perturbed Sertoli cell tight junctions *in vitro*, causing the disappearance of blood–testes barrier-associated proteins (JAM-A, occludin, N-cadherin and  $\beta$ -catenin) from the cell/cell interface. The blood–testes barrier created by adjacent Sertoli cells and several important proteins (including *ABP*, *INHB* and *TRF*) synthesized by the Sertoli cells, plays a key role in spermatogenesis.<sup>27</sup> However, the effect of *CNP* on Sertoli cell endocrine function (such as effects on *ABP*, *INHB* and *TRF*) is not currently understood. In this study, *CNP* was used to stimulate Sertoli cells cultured *in vitro*, and our results showed that *CNP* could significantly stimulate Sertoli cells to express *ABP*, *INHB* and *TRF*, especially at a dose of  $10^{-7}$  mol l<sup>-1</sup>. In conclusion, *CNP* regulates blood–testes barrier dynamics and also promotes the endocrine function of Sertoli cells.

The biological effects of *CNP* are mediated by intracellular cGMP accumulation. In the testes, cGMP signal transduction pathways are involved in a variety of local functions, based on autocrine or paracrine effects. In particular, cGMP may influence motility in the spermatozoa, the development of testicular germ cells, the relaxation of peritubular lamina propria cells, testosterone synthesis in the Leydig

cells and the dilatation of testicular blood vessels.<sup>28</sup> Thus, *CNP* has a close relationship with male reproductive processes and may be the key factor in spermatogenesis.

## AUTHOR CONTRIBUTIONS

HDH and ZH designed the experiment. HDH performed all part of experiments, analysed data and wrote the manuscript; ZSW performed experiments on correlation of *CNP* with spermatogenic dysfunction, and ZL performed analyses of gene expression of *ABP*, *INHB*, and *TRF*.

## COMPETING FINANCIAL INTERESTS

The authors declare no competing financial interests.

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